fourwinds
domestic & international tours+travel

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ITINERARY
STUDY ABROAD IN CHINA IN THE SUMMER
17 DAY TRIP
Beijing- Chengdu / Bifengxia- Lijiang / Dali / Kunming-Shanghai

Day 1 US / Beijing
Transfer via: International flight-arranged by yourself
Upon arrival in Beijing, the local guide will meet everybody in the airport and escort them to the hotel. A security guide book will be distributed to everybody on the way to the hotel. The rest of the day is yours to relax and recover from jetlag.

Day 2 Beijing (B, L, D)
After breakfast, you will have a Chinese Learning Class for half day. The group will be separated into small classes after a rudimental test. On this day, the student will learn about the Chinese Grammar and some basic words. In the afternoon, pay a visit of the Tian'anmen Square, the Forbidden City and Temple of Heaven.

Day 3 Beijing (B, L, D)
After breakfast, you will have a Chinese Learning Class for half day. In the afternoon, the group will have a visit to the Great Wall (Badaling section).

Day 4 Beijing / Chengdu B, L, D)
Transfer via: Domestic flight-arranged After breakfast, you will have a Chinese Learning Class for half day. In the afternoon, the group will have a visit to the Hutongs by rickshaw. Take flight to Chengdu in the late afternoon. Upon your arrival at Chengdu, our local guide will meet and escort you to the hotel.

Day 5 Chengdu / Bifengxia (B, L, D)
After breakfast, you will be transferred to Ya'an to visit the Bifengxia panda breeding centre. Explore the Bifengxia National Park in the afternoon.
-Ya'an Bifengxia Panda Breeding Center is richly endowed with natural condition suitable for pandas. Because of the earthquake, most of the 63 captive pandas in Wolong Nature Reserve have been carried here.
Accommodations: Ya'an Hongzhu Hotel***(3 star)

Day 6 Bifengxia / Chengdu/Lijiang (B, L, D)
COMMUNITY SERVICE WORK WITH THE PANDAS
Transfer via: Domestic flight-arranged
In the morning, you will have a chance to be a volunteer in the panda breeding centre. You could clean the resident of pandas and make a better environment for them before your local guide escorts you back to Chengdu airport for your flight to Lijiang. Upon arriving at the Lijiang airport, your tour guide will meet you and escort you to your hotel. For the rest of the day you will be free to step out in the fascinating city of Lijiang for a small adventure on your own.

Day 7 Lijiang (B, L, D)
On this day you will be driven to Jade Dragon Snow Mountain. After, you will visit the ancient Baisha Mural Paintings. Later you will visit the Black Dragon Pool Park and the Museum of Naxi Dongba Culture located inside the park.
- The Jade Dragon Snow Mountain: it is so called because it looks like a flying jade dragon from afar. The mountain consists of 13 peaks and sprawls 35 km from north to south, its glacier is the modern oceanic glacier closest to the equator in the Northern Hemisphere. By taking the cable car up to certain height, you can enjoy the expansive mountains views and snowy scenery.
- The Baisha Mural Paintings: located in Baisha Township, 8km north of Lijiang, there are altogether 53 groups of mural paintings in different temples with fine and smooth lines, bright colors, vivid pattern and harmonious composition. Painted from the early days of the Ming Dynasty (1368-1644) to the early Qing Dynasty (1644-1911),these mural paintings are an artistic representation of the different religious cultures such as Buddhism, Lamaism, Daoism and the Naxi Dongba religion.
- Black Dragon Pool Park: where you can see the Jade Dragon Snow Mountain from afar and the reflection of the mountain in the pool in a clear day, this park is the source of the water system of the Old Lijiang Town as the clean spring from Jade Dragon Snow Mountain gathers here.
- Museum of Naxi Dongba Culture: where you will see the exhibitions of Naxi culture and dress, Dongba script, information on Lijiang's old town and so on.
Accommodations: Wang fu Hotel****(4 star)

Day 8 (Lijiang / Dali B, L, D)
Transfer via: Soft seat train- After breakfast, the group will be escorted to the railway station for your train to Dali. Upon your arrival at Dali, our local guide will meet and escort you to the hotel. Biking along the Erhai Lake in the afternoon.

Day 9 Dali (B, L, D)
Morning Chinese Class by the teacher from Dali University. In the afternoon, explore the Dali Anceient Town by yourself.

Day 10 Dali (B, L, D)
Morning Chinese Class by the teacher from Dali University. In the afternoon, pay a visit of the Mt. Cangshan and the Zhonghe Temple.

Day 11 Dali (B, L, D)
Morning Chinese Class by the teacher from Dali University. In the afternoon, pay a visit of the local school nearby and teach English to the local students.

Day 12 Dali / Kunming (B, D)
Transfer via: Soft seat train-arranged by Tang Dynasty
Free in the morning until our local guide meet and escort you to the railway station for your train to Kunming. Upon your arrival at Kunming, our local guide will meet and escort you to the hotel.

Day 13 Kunming (B, L, D)
On this day you will visit Kunming's famous Stone Forest, a bizarre rock formation created over millennia of rain and weather. A must-see! On the way, you will stop by the Sani ethnic minority village to witness their unique culture.
- Stone Forest (Shilin): a 270-million-year-old limestone karst formation of tightly bundled gray rocky outcrops,a natural wonder acknowledged as "World Karst Landscape Museum", the Stone Forest shows a variety of unique shapes such as sword, mushrooms, tower, pillar, castle representing the greatest miracle that the nature can present to human beings.
- Sani ethnic minority village: Sani women favored three-layered skirts of red, black and white, tunics, embroidered fringed cloth bags and colorful headwear. A girl of Sani minority named Ashima is well known through out China because of her moving love story.

Day 14 Kunming / Shanghai (B, L, D)
Transfer via: Domestic flight-
This morning you will visit Kunming's Flower market before you are escorted to the Kunming airport for your flight to Shanghai.- Flower market: You will find out the reason we call Kunming as "the Spring and Flower City" there.

Day 15 Shanghai (B, L, D)
On this day, pay a visit of the Shanghai Science & Technology Museum in the morning. In the afternoon, visit the Shanghai Urban Planning Exhibition Center, which chronicles Shanghai's past, present and future. Later you will be taken to visit Yu Garden, and the Yuyuan Market. In the evening you enjoy a wonderful Acrobatic Show.

Day 16 Shanghai (B, L, D)
After breakfast, walk down the Bund along the Huangpu River and visit Nanjing Road, and then get a bird's eye view of Shanghai from the Jinmao Tower. In the afternoon, visit the Shanghai Ocean Aquarium.

Day 17 Shanghai / Exit
You will be free until your guide escorts you to the airport for your flight to your next destination.