

Peru with Community Service
6 days, 5 nights



Day 1

Departure

Meals: Provided on flight subject to airline

Depart from a local major airport on your flight to Lima, Peru. Upon arrival, you will be transferred to a local hotel and acclimate to your new surroundings. Settle in for the experience of a lifetime!

Day 2

Guided Tour of Lima

Domestic Flight to Cusco

Meals: Breakfast, Lunch, Dinner

Enjoy breakfast at your accommodations. This morning, you will embark on a brief guided tour of Lima with your experienced guide. Lima is the capital and largest city in Peru. Its architecture offers a diverse array of architecture, from early colonial to Spanish Neoclassical and Baroque styles. The city

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has several beautiful Bus/Walk visit of Plaza de Armas, Palacio de gobierno/ Catedral, Plaza San Francisco, Plaza San Martin, Plaza de heroes navales, Huaca Pucllana, Huallamarca and Santa Cruz, Parques de Miraflores, Barranco. Your guide will have extensive knowledge of the city's long history and its best sites. Depart from Lima on your domestic flight to Cusco.

Days 3

4-hrs (approximately) of Volunteer Work, Day 3 (subject to availability)

Salsa Dancing Lessons

Meals: Breakfast, Dinner

Spend the day immersed with a local family, who will have plenty to teach you about their culture and way of life! You will spend approximately four hours volunteering with a local healthcare facility. Healthcare volunteers are typically placed at an assisted living facility for the elderly or at a special school for children with disabilities. Physical Therapy volunteers should be aware that the local practices have limited resources. Therapy methods may be very different from those considered standard in participants' home country. Participants may be working in an underfunded facility for patients with mobility problems, assisting with and/or shadowing a professional physical therapist. Placements can involve treating adults or children. Experience, qualifications, and Spanish level determine how much hands-on treatment participants deliver to patients. Outside of your volunteer hours, you will also have the opportunity to take salsa dancing lessons. At the end of the day, say goodbye to the families who have generously welcomed you into their home. You will take with you all that you have learned from your new, Peruvian family.

Day 4

Guided Tour of Machu Picchu

Meals: Breakfast, Lunch, Dinner

After breakfast, depart for Machu Picchu. The stunning natural beauty that awaits will leave you in awe. Upon arrival, prepare for your ascension. Machu Picchu is one of the Seven Modern Wonders of the World, and for good reason: this 15th-century Inca citadel is situated on a mountain ridge almost 2,500 meters above sea level. Hundreds of man-made terraces that line the mountainside give tourists an idea of how the land was farmed when the citadel was occupied. Explore this ancient ruin with stops for lunch and dinner. Retire to local accommodations.

Day 5

Guided Sacred Valley Tour (to be confirmed, subject to schedule)

Guided Tour of Cusco (to be confirmed, subject to schedule)

Domestic Flight to Lima

Meals: Breakfast, Lunch, Dinner

After breakfast, subject to schedule, you may embark on a guided tour of the Sacred Valley or a guided tour of Cusco. Sacred Valley of the Incas can include: the village of Pisac and you will visit Awanakancha, a handicrafts store with local goods, which is also an excellent place to view Peruvian animals. Upon arrival in Pisac, visit its colorful market, which captures the essence of the Andes.

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Onwards to Ollantaytambo, an Inca military, religious, and agricultural center built on the peak of a mountain. Here, you can admire the narrow streets and canals of the village that have remained unchanged since the time of the Inca. You may visit other or different sites during your time in the Sacred Valley. Subject to flight and availability, visit Cusco, which was once the capital of the Inca Empire—ruins from this incredible period remain. You can also spot plenty of Spanish colonial architecture. Experience this ancient city firsthand with the help of your guide, subject to availability. In the evening, transfer from Cusco to Lima via domestic flight. Upon arrival, relax and prepare for later evening departure!

Day 6

Depart for return flight home

Meals: provided on flight subject to airline

Arrive back with bright memories of your time spent in Peru and all the knowledge you have gained from your practical experience working with Peruvian locals.

The Trip ends here! Thank You for traveling with Four Winds!!

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